



## Dental Acquaintance and History Form

*Because no two patients are the same, we would like to prepare for your first visit by getting to know you. Please take a few minutes to fill out this form so we may understand your previous dental experiences, your current concerns, and any goals you may have for your smile so we can personalize your care. Thank you!*

**Patient Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

What is your immediate dental concern? \_\_\_\_\_

\_\_\_\_\_

Are you currently experiencing any dental pain?  Yes  No

If yes, please describe: \_\_\_\_\_

\_\_\_\_\_

Is there anything we can do to make your visits more comfortable? \_\_\_\_\_

\_\_\_\_\_

### ***Past Dental History:***

When was your last dental visit? \_\_\_\_\_

How many times a year do you typically have your teeth cleaned? \_\_\_\_\_

Have you had any unfavorable experiences with a dentist?  Yes  No

If yes, please explain: \_\_\_\_\_

\_\_\_\_\_

Do you suffer from anxiety during dental procedures?  Yes  No

Do you have a sensitive gag reflex?  Yes  No

Have been told you have periodontal disease?  Yes  No

Do you have any dental implants?  Yes  No How old are they? \_\_\_\_\_

Do you have existing crowns and bridges?  Yes  No How old are they? \_\_\_\_\_

Do you wear partial dentures?  Yes  No How old are they? \_\_\_\_\_

Have you ever worn braces?  Yes  No

Do you have any holes or broken fillings?  Yes  No

**Are you experiencing any of the following?**

- Sensitivity to cold liquids?
- Difficulty swallowing?
- Recent changes in your bite?
- Loose or separating teeth?
- Bleeding gums?
- Sores, lumps or irritations anywhere in your mouth?
- Tenderness on your gum tissue?
- Bad taste in your mouth?
- Cold sores or mouth ulcers
- Numbness or tingling in your mouth?

**Oral Hygiene Habits:**

Please help us to understand your daily oral hygiene care. Do you currently use any of the following?

- Manual tooth brush
- Floss threader
- Rubber Tip
- Mouthwash
- Electric toothbrush
- Proxibrush
- Stimulents
- Tongue Scraper
- Floss
- Waterpik
- Fluoride Gel
- Prescription Toothpaste

How often do you brush your teeth?

**Cavity Risk:**

- Do you have a well?       Yes    No      Has it been tested for Fluoride?       Yes    No
- Do you chew gum?       Yes    No      What kind? \_\_\_\_\_
- Do you have Acid Reflux?       Yes    No      Do you wake up with a bad taste in your mouth?       Yes    No

Do you regularly (1x or more per day) eat or drink any of the following?

- Coffee
- Soda
- Sports drinks (Gatorade, Poweraid)
- Breath Mints
- Tea
- Juice
- Energy Drinks (Red Bull, Monster)
- Candy
- Vinegar
- Citrus Fruit

**TMJ Evaluation:**

- Are you currently under a lot of stress?       Yes    No
- Do you get frequent headaches?       Yes    No
- Do you have difficulty opening your mouth?       Yes    No
- Do your jaws feel tired after eating?       Yes    No
- After you wake up in the morning?       Yes    No
- Do you ever hear popping or clicking sounds when you chew?       Yes    No
- Do you ever have pain in your head, neck, shoulders and/or back?       Yes    No
- Have you ever had a night guard made for you?       Yes    No
- Have you been told you grind your teeth?       Yes    No

**Cosmetic Concerns:**

How do you feel about the color of your teeth? \_\_\_\_\_

\_\_\_\_\_

Do you wish your teeth were straighter or a better shape? \_\_\_\_\_

\_\_\_\_\_

On a Scale of 1-10, how would you rate your smile? \_\_\_\_\_      What do you wish it was? \_\_\_\_\_